

# PRANIC HEALING

**CH.BHANU MOHAN KUMAR**  
UG STUDENT  
bhanumohan56@gmail.com

## ABSTRACT

Pranic Healing is a no-touch, no-drug, energy-based healing modality that utilizes life-force or “prana” to improve the health of the body. Pranic Healing is based on the principle that the body in general is capable of healing and normalizing itself. We all have experienced that even without taking medicine, a cough, cold or viral infection can be healed within a week or two.

## 1. INTRODUCTION

The healing of the body can be accelerated by increasing the life-force in the body. Just as light can affect chemical reaction, which is the principle behind photography, life energy increases the chemical reactions of the body, thereby accelerating its healing process.

## 2. DEVELOPMENT OF PRANIC HEALING

Pranic Healing as a complementary therapy was developed by **Master Choa Kok Sui**, a Chemical engineer by profession, after extensive research, study and experiments on this subject, to validate the safety and effectiveness of its techniques, and was introduced worldwide in 1987 as a science through the publication of a book called “**The Ancient Science and Art of Pranic Healing**” (title later changed to “**Miracles Through Pranic Healing**”).

Currently Pranic Healing as a science of complementary therapy is helping many people from all walks of life worldwide to improve their life, physically and psychologically. Practitioners from various professions in over 120 countries including doctors, nurses, teachers, massage therapists, businessmen and students are practicing Pranic Healing.

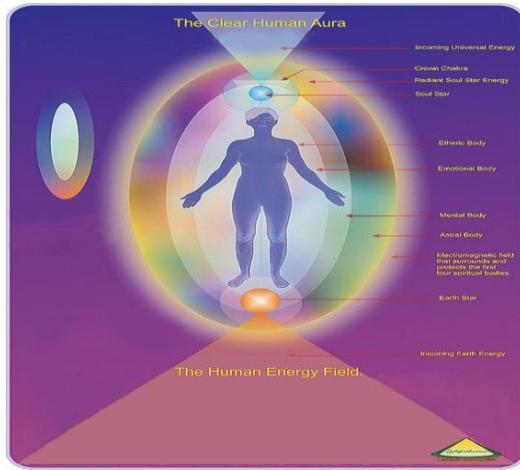


## 3. IMPACT ON LIFESTYLE

Apart from being a healing modality, Pranic Healing also provides means of attaining a healthy lifestyle by introducing the world of energies and how they affect our health and well-being. Therefore not only its techniques can help to improve a wide range of physical and psychological ailments but also has proven effective in other areas of life including relationships, education, finance and child care.

Hospitals are also starting to look into energy healing therapies as a complement to medical treatments, especially in cases of psychosomatic diseases or when medicine alone does not seem

effective enough. Healing Modalities including Pranic Healing, Homeopathy and Chiropractic are already opening ways into hospitals in countries such as India, US and Australia to help people.



#### 4. HOW IT WORKS

Before effecting the physical body, energy body is effected which is surrounded by three energy layers from outside.

Layer 1: Astral Body

Layer 2: Mental Body

Layer 3: Emotional Body and then Physical Body or Etheric Body.



If any disease caused first it effects the outer layer of the energy body, then it effects the physical body.

Here pranic healing helps to remove the disease within the energy body. And it is permanent solution to the cause by cleaning Chakras with respect to the affected parts. Pranic Healing did not have solution for polio and for genetic diseases.

#### CONCLUSION

This healing is purely based on our belief and sensing the cosmic energy. Many people are thinking it as a business and even the don't know what the actual process was. They are proceeding in a wrong manner and proving this process as a wrong method. But it is scientifically proved by a chemist and a grand master named Choa Kok Sui. If we use this in a correct manner it heals many of the diseases without any side effects and this healing have many advantages .